



Emma Pruen

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Training, Qualifications & CPD

2026 Working with Couples in Constellations.

Professional Training with Judith Hemming

2023-2026 Systemic Ritual Training Daan Van Kampenhout

2020-2023 Shamanic Training Daan Van Kampenhout

2024-2025 Level 4 Counselling (Year 1)

2022 Level 3 Counselling

2020-2022 Foundation and Applied Training in Systemic & Family Constellations

2011-2013 Shamanic Practitioner Training with Eagles Wing

2001-2026 20+ Constellations workshops with Judith Hemming

1994 Level 2 Counselling

1993 Diploma in Media Practice, Birkbeck College

1991 Training to lead Self Esteem Enhancement workshops with More to Life

1986 University of Kent, BA (Hons) English and Drama

1983 3 A Levels Economics (A), English (B), History (C)

1981 11 O Levels including Maths (A) & English (B)

A warm and compassionate transpersonal coach, with a varied career supporting families and children

Career

- Jan 2026 - Present **The Centre for Transpersonal Studies Director**
- Jan 2022 - Present **Family & Systemic Constellations Coach / Facilitator**
- 2017 - Present **Relationships Coach / Facilitator** Hoffman Institute UK
- Jul 2013 - Present **Managing Director The French Retreat**, a residential retreat centre in South West France running a programme of wellbeing retreats form April-October.
- Jul 1991 - Present **Mentor: The Power of Self Esteem**, More To Life UK
- 2013 - 2017 **Communications Consultant** Green Party of England & Wales
- 2010 - 2013 **Families and Children Spokesperson** Green Party of England & Wales
- Sep 2011 - Aug 2013 **Green Party National Executive** (GPEx): Head of Internal Communications
- Sep 2011 - Feb 2013 **Press Officer**, South West Green Party
- Jul 2012 - 2013 **European Parliament Election Candidate**, Green Party of England & Wales
- Mar 2008 - May 2010 **Communications Manager** General Election Team, The Green Party of England and Wales
- 1998 - 2006 **Publisher** Wave Wellbeing Magazine
- 1999 - 2006 **Director** PC Pilot magazine
- 1998 - 2005 **Director** The Dolphin House Children's Health Clinic
- 2003 - 2004 **Editor** The Latest Brighton and Hove City Magazine

- 2001 - 2004 **Press Officer** Brighton Steiner School
- 2000 - 2004 **Freelance Writer** EMAP Here's Health
- 1999 - 2001 **Sub Editor** Classic FM
- 1996 - 1998 **Editor** National Childbirth Trust
- 1995 - 1995 **Editorial Assistant** The Big Issue
- 1990 - 1995 **Image Consultant**, House of Colour
- 1986 - 1990 **Graduate Trainee** moving to **Assistant Buyer** Marks and Spencer